

WELL AT WALGREENS - sodium bicarbonate, sodium chloride
Walgreen Company

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, [click here](#).

Drug Facts

Purpose

Nasal Wash

Uses

Temporarily relieves symptoms associated with sinusitis, cold, flu or allergies

-Sneezing

-Nasal Stuffiness

-Runny nose

-Post nasal drip

Removes inhaled irritants (dust, pollen)

Removes nasal and sinus drainage

Helps reduce swelling of nasal membranes

Moisturizes dry nasal passages

Keep out of reach of children

Warnings

Stop use and ask a doctor if washing is uncomfortable or symptoms are not relieved.

Do not use unfiltered tap water. see instructions inside box for proper water sources

Directions

Adults and children 4 years and over: Use 1-2 packets per 8 fl oz (240 mL) up to every two hours as needed.

Children under 4 years: Consult a physician

See enclosed instruction sheet for complete directions and proper use.

Instructions for Use of the Squeeze Bottle:

Directions and Dosage: Read through entire section before using for the first time.

1. Remove the cap from the squeeze bottle.

2. Pour the pre-mixed saline dry into the Squeeze Bottle. First-time users

should start with 1 packet of the saline dry ingredients. As you become more accustomed to the system, work up to using 2 full packets,

Additional packets may be purchased from your nearest pharmacy.

3. Fill the bottle with proper water* leaving approximately 1/2 inch of air at the top of the bottle.

This makes 1 cup (8 oz) of solution.

4. Tighten the cap on the bottle securely, place one finger over the tip of the cap and gently shake the bottle until

the dry ingredients have completely dissolved.

5. Lean over the sink with your head bent so you are looking directly into the basin. Place the tip of the cap up to the right nostril and gently insert the tip

so that it forms a comfortable seal. Aim the tip at the back of your head, not at the top of your head.

6. Squeeze the bottle gently so that the solution enters the right nostril. Do not inhale or "snort" the solution into your nose - breathe through your mouth.

7. In a few moments the solution will begin to drain out of the left nostril. Continue to squeeze the bottle gently until you have

used approximately half of the solution.

8. Remove the tip of the bottle from your nostril, then exhale through both nostrils to clear them of excess mucus and solution. Gently blow your nose into a tissue.

9. Repeat the procedure on the left nostril with the remaining solution.

10. A small amount of the solution will remain in the bottom of the bottle. Discard the remaining solution.

11. Thoroughly rinse the bottle after each use with water that has been distilled, sterilized, filtered or previously boiled and leave the bottle open to air dry completely. The Squeeze Bottle is top-rack dishwasher safe.

Active ingredients

(in each packet)

Sodium Bicarbonate USP (700 mg)

Sodium Chloride USP (2300 mg)

Inactive Ingredients

None

K11 080179



CMYK123



| WELL AT WALGREENS | | | | |
|---|------------------|---|------------------------|--------------------|
| sodium bicarbonate, sodium chloride kit | | | | |
| Product Information | | | | |
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:0363-0405 | |
| Packaging | | | | |
| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
| 1 | NDC:0363-0405-30 | 1 in 1 KIT; Type 0: Not a Combination Product | | |
| Quantity of Parts | | | | |
| Part # | Package Quantity | | Total Product Quantity | |

Part 1 30 PACKET 90000 mg

Part 1 of 1

WELL AT WALGREENS

sodium bicarbonate, sodium chloride powder, for solution

Product Information

Item Code (Source) NDC:0363-0802

Route of Administration NASAL

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|--|--------------------|-----------------------|
| SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37) | SODIUM CHLORIDE | 2300 mg in 3000 mg |
| SODIUM BICARBONATE (UNII: 8MDF5V39QO) (SODIUM CATION - UNII:LYR4M0NH37, BICARBONATE ION - UNII:HN1ZRA3Q20) | SODIUM BICARBONATE | 700 mg in 3000 mg |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|--|----------------------|--------------------|
| 1 | NDC:0363-0802-00 | 3000 mg in 1 PACKET; Type 0: Not a Combination Product | | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|-----------------------|--|----------------------|--------------------|
| unapproved drug other | | 04/01/2013 | |

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Labeler - Walgreen Company (008965063)